

## Ovarian cancer and inflammation. Part 2. Anti-inflammatory cytokines

Terlikowska KM.<sup>1A-F</sup>, Dobrzycka B.<sup>2B-F</sup>, Terlikowski SJ.<sup>2\*B-F</sup>

1. Department of Food Biotechnology, Medical University of Białystok, Poland
2. Department of Obstetrics, Gynecology and Maternity Care, Medical University of Białystok, Poland

---

**A** - Conception and study design; **B** - Collection of data; **C** - Data analysis; **D** - Writing the paper; **E** - Review article; **F** - Approval of the final version of the article; **G** - Other (please specify)

---

### ABSTRACT

---

Inflammation plays a key role in epithelial ovarian cancer tumorigenesis and progression. The growth and progression of epithelial ovarian cancer may be due to local cytokine-induced immunosuppression, which may lead to an immunity impairment. Thus, cytokine antagonism may be an essential factor in the treatment of ovarian cancer. Based on the increased knowledge on the role of the

immune system in ovarian cancer, major improvements are to be expected of immunotherapy based treatment of this disease. This article aims to summarize the current literature views on the evidence for a role for chronic inflammation with a specific focus on anti-inflammatory cytokines. **Keywords:** Ovarian cancer, inflammation, cytokines

---

DOI:

#### \*Corresponding author:

Slawomir J Terlikowski, Department of Obstetrics  
Gynecology and Maternity Care, Medical University of Białystok  
Szpitalna 37, 15-295 Białystok, Poland  
Tel.: +48856865036; Fax.: +48856865037; e-mail: sterlikowski@gmail.com

Received: 25.11.2018

Accepted: 20.12.2018

Progress in Health Sciences

Vol. 8(2) 2018 pp 206-209

© Medical University of Białystok, Poland

## INTRODUCTION

Epithelial ovarian cancer (EOC) appears to be associated with inflammation, and the growth, differentiation, and signaling of these tumors is thought to be regulated via cytokines to be regulated by cytokines [1,2]. The growth and progression of EOC may be due to local cytokine-induced immunosuppression, which may lead to a state of immune privilege in the site of the tumor, allowing tumor development as an escape mechanism.

In EOC ascites, increased levels of IL-6 and IL-10 were found, which suggests an immunosuppressive tumor environment in patients with EOC where TH2 inhibitory immune response is favored [3]. Another mechanism believed to be implemented by EOC to escape from immune elimination is up-regulation of immune inhibitory cytokines such as IL-10, C-C motif chemokine 22 (CCL22), and transforming growth factor  $\beta$  (TGF $\beta$ ) in the tumor microenvironment [4]. IL-10 and TGF $\beta$  are strong repressors of an ongoing immune response. TGF $\beta$  is a potent inhibitor of cell proliferation for epithelial, endothelial, and hematopoietic cells and plays a prominent role in epithelial-mesenchymal transition believed to be involved in carcinogenesis [5].

Cytokines are polypeptides or glycoproteins with a molecular weight usually below 30 kDa that provide growth, differentiation and inflammatory or anti-inflammatory signals to different cell types. Cytokines are most often released during a defined period in response to a stimulus, and the extent of their action is short-lived due to their limited half-life in the blood circulation. As a result, cytokines normally exert an autocrine or paracrine effect [6]. For an anticancer immune response to lead to effective killing of cancer cells, a series of stepwise events must be initiated and allowed to be processed.

The objective of understanding the inherent immune biology related to EOC is to better define strategies to harness the human immune response against cancer. What is more, to achieve durable responses and/or complete elimination of ovarian cancer cells. The complexity of the cytokinic network present in the ascitic fluid constitutes a very large field to investigate in order to define new diagnostic methods, combinations of prognosis factors, and novel treatments in EOC.

While the role of immune cells in EOC surveillance has long been known, recent results show that many tumor cell types secrete immunosuppressive cytokines such as IL-2, IL-10 and Transforming Growth Factor- $\beta$  (TGF $\beta$ ) that can also recruit cells that negatively regulate immunity such as T-regulatory cells, myeloid suppressor cells, NK cells and macrophage subsets [7,8].

The aim of this article is to summarize the current literature views on the evidence for a role for chronic inflammation with a specific focus on above-mentioned cytokines in EOC.

### Interleukin 2 (IL-2)

Interleukin-2 (IL-2) is a T-cell growth factor that plays a critical role in T cell-dependent immunity and is believed to be important in anti-tumor immunity, although the *in vivo* IL-2-mediated mechanisms are not yet fully defined. IL-2 is a cytokine mainly released by activated T cells and acts as a T cell growth factor, enhancing the cytotoxic activity of previously activated T cells. It also stimulates growth and differentiation of B-lymphocytes and natural killer (NK) cells that may act as a chemoattractant for eosinophils. Noteworthy is to mention that human eosinophils express functional IL-2 receptors [9].

The use of the intraperitoneal route for administration of immune biologics, including IL-2, in ovarian cancer, has not been extensively studied. However, intravenous administration of IL-2 as monotherapy or in association with immunotherapy has been tested in several clinical trials, demonstrating a 15-20% response rate in melanoma and metastatic renal cancer. In addition, significant activities of this cytokine have been found in other neoplasms such as lymphoma as well as lung, colorectal, gastric and pancreatic cancers [10]. The infusion of this cytokine at high doses is currently approved for the treatment of metastatic renal cell carcinoma and metastatic melanoma. However, the systemic administration of this cytokine at the recommended dose is hampered by its toxic profile, which includes frequent grade 3 and 4 adverse effects [6].

### Interleukin 10 (IL-10)

Interleukin 10 (IL-10) is known to be a potent anti-inflammatory cytokine. Almost all immune cells, including T cells, B cells, monocytes, macrophages, mast cells, granulocytes, dendritic cells, and keratinocytes, produce IL-10. Tumor cells can also secrete IL-10, as can tumor-infiltrating macrophages [11].

Several studies have indicated that IL-10 has both pro- and anti-tumoral effects. IL-10 inhibits NF- $\kappa$ B signaling; therefore, it can downregulate pro-inflammatory cytokine expression and act as an anti-tumoral cytokine. Moreover, IL-10 can exert anti-tumoral activity in ovarian carcinomas, through a mechanism involving MHC-I downregulation, thus inducing NK-mediated tumor cell lysis [12]. There have been several reports of increased IL-10 expression in ovarian cancer [13-16]. Zhou et al. [17] assessed the expression of IL-10 in primary ovarian carcinoma, and as compared with benign and normal controls the tissue level of this cytokine was

significantly higher in ovarian cancer. Furthermore, the malignant cases have also showed significantly high IL-10 levels in the serum and ascitic fluid. IL-10 was expressed in the ascites of most untreated primary advanced cancer patients, but nearly absent in ascites at recurrence. These results suggest that ovarian carcinoma cells are able to synthesize and secrete IL-10, which might assist in promoting the development and progression of this cancer. The tumor microenvironment differs between benign, malignant and non-neoplastic tumors, indicating a role of cytokines in tumor progression. This is supported by the analysis of cystic fluid [18].

### **Transforming Growth Factor $\beta$ (TGF- $\beta$ )**

The Transforming Growth Factor (TGF $\beta$ ) family controls different cellular responses in the development and cell homeostasis. Disruption of TGF $\beta$  signaling has been implicated in many cancers, including EOC. TGF $\beta$  superfamily ligands bind to TGF $\beta$  receptors type I (TGF $\beta$ RI) and type II (TGF $\beta$ RII), transmembrane serine-threonine kinases specific for each ligand and is a fundamental component of a key signaling pathway in normal ovarian cells that could also be important in EOC when it is dysregulated. TGF $\beta$  shifts from tumor-suppressing in early-stage cancer to tumor-promoting in advanced disease. TGF $\beta$  inhibits cell growth in benign cells while promoting progression in certain cancers, described as the TGF $\beta$  paradox [19]. It is widely believed, that TGF $\beta$  switches its role from tumor suppressor in normal cells to tumor promoter in advanced cancers, favoring invasiveness and metastasis depending on the tumor stage [20]. While TGF $\beta$  blocks cell growth in normal ovarian epithelial cells, in 40% of ovarian carcinomas TGF $\beta$  loses its cytostatic effect but its mesenchymal transition induction and extracellular matrix production is maintained [21]. TGF $\beta$  signaling seems to be a tumor promoter that controls proliferation in EOC [22].

Plewka et al. [2] demonstrated that the immunoreactivity of TGF $\beta$  in ovarian cancer depended on the histological tumor subtype and the degree of malignancy differentiation. In the case of serous tumors, the highest level of TGF $\beta$  immunoreactivity was observed in the borderline tumors suggesting a possible role of this growth factor in the pathogenesis of this type of ovarian lesions. This observation with finding of enhanced expression of TGF $\beta$  immunoreactivity in mucinous borderline and malignant tumors suggests that pro-oncogenic activities of TGF $\beta$  predominate over its tumor suppressor actions and that overexpression of TGF $\beta$  can enhance and stimulate tumor growth and malignant progression of ovarian cancer.

Tas et al. [23] evaluated the serum concentration of TGF $\beta$ 1 in patients of all clinical OC stages and showed that a trend to significant relationship was found between the serum levels of

TGF $\beta$ 1 and the stage of the disease. The elevated serum TGF $\beta$ 1 level was associated with metastatic disease. In contrast, serum values, serum values of TGF $\beta$ 1 were not correlated with known disease-related variables. Similarly, neither serum TGF $\beta$ 1 concentration had a prognostic value in both PFS and OS. Only the chemotherapy-unresponsive patients had significantly higher serum TGF $\beta$ 1 levels compared with responsive ones. It was suggested, that although the serum level of TGF $\beta$ 1 has no diagnostic and prognostic role, its predictive value was found in EOC patients.

### **CONCLUSIONS**

Cytokines are soluble proteins that mediate cell-to-cell communication and are powerful but complex immune mediators. Target cells expressing the corresponding sets of receptors integrate the information derived from the concentration and timing of exposure to different cytokines. Synergy or antagonism among different cytokines is a common characteristic, with high degrees of variability. Thus, cell and monoclonal antibody-based therapies in EOC might become partners in the new therapeutic strategies, whose antitumor efficacy in the future will reveal.

### **Conflicts of interest**

The authors declare that they have no conflicts of interest.

### **REFERENCES**

1. Raspollini MR, Taddei GL. Tumor markers in ovarian carcinoma. *Int J Gynaecol Obstet.* 2007 Jun;97(3):175-81.
2. Plewka D, Kowalczyk AE, Jakubiec-Bartnik B, Morek M, Bogunia E, Kmiec A, Wierzbicki PM, Plewka A. Immunohistochemical visualization of pro-inflammatory cytokines and enzymes in ovarian tumors. *Folia Histochem Cytobiol.* 2014;52(2):124-37.
3. Giuntoli RL 2nd, Webb TJ, Zoso A, Rogers O, Diaz-Montes TP, Bristow RE, Oelke M. Ovarian cancer-associated ascites demonstrates altered immune environment: implications for antitumor immunity. *Anticancer Res* 2009 Aug;29(8):2875-84.
4. Curiel TJ, Coukos G, Zou L, Alvarez X, Cheng P, Mottram P, Evdemon-Hogan M, Conejo-Garcia JR, Zhang L, Burow M, Zhu Y, Wei S, Kryczek I, Daniel B, Gordon A, Myers L, Lackner A, Disis ML, Knutson KL, Chen L, Zou W. Specific recruitment of regulatory T cells in ovarian carcinoma fosters immune privilege and predicts reduced survival. *Nat Med.* 2004 Sep;10(9):942-9.

5. Vergara D, Merlot B, Lucot JP, Collinet P, Vinatier D, Fournier I, Salzet M. Epithelial-mesenchymal transition in ovarian cancer. *Cancer Lett* 2010 May 1;291(1):59-66.
6. Berraondo P, Sanmamed MF, Ochoa MC, Etxeberria I, Aznar MA, Pérez-Gracia JL, Rodríguez-Ruiz ME, Ponz-Sarvisé M, Castañón E, Melero I. Cytokines in clinical cancer immunotherapy. *Br J Cancer* 2018 Nov 9.
7. Robinson-Smith TM, Isaacsohn I, Mercer CA, Zhou M, Van Rooijen N, Husseinzadeh N, McFarland-Mancini MM, Drew AF. Macrophages mediate inflammation-enhanced metastasis of ovarian tumors in mice. *Cancer Res* 2007 Jun 15;67(12):5708-16.
8. Macciò A, Madeddu C. Inflammation and ovarian cancer. *Cytokine*. 2012 May;58(2):133-47.
9. Liao W, Lin JX, Leonard WJ. Interleukin-2 at the crossroads of effector responses, tolerance, and immunotherapy. *Immunity*. 2013 Jan 24;38(1):13-25.
10. Grande C, Firvida JL, Navas V, Casal J. Interleukin-2 for the treatment of solid tumors other than melanoma and renal cell carcinoma. *Anticancer Drugs*. 2006 Jan;17(1):1-12.
11. Dennis KL, Blatner NR, Gounari F, Khazaie K. Current status of interleukin-10 and regulatory T-cells in cancer. *Curr Opin Oncol*. 2013 Nov;25(6):637-45.
12. Hart KM, Byrne KT, Molloy MJ, Usherwood EM, Berwin B. IL-10 immunomodulation of myeloid cells regulates a murine model of ovarian cancer. *Front Immunol*. 2011 Jul 21; 2:29.
13. Pisa P, Halapi E, Pisa EK, Gerdin E, Hising C, Bucht A, Gerdin B, Kiessling R. Selective expression of interleukin 10, interferon gamma, and granulocyte-macrophage colony-stimulating factor in ovarian cancer biopsies. *Proc Natl Acad Sci U S A*. 1992 Aug 15;89(16):7708-12.
14. Rabinowich H, Suminami Y, Reichert TE, Crowley-Nowick P, Bell M, Edwards R, Whiteside TL. Expression of cytokine genes or proteins and signaling molecules in lymphocytes associated with human ovarian carcinoma. *Int J Cancer*. 1996 Nov 4;68(3):276-84.
15. Merogi AJ, Marrogi AJ, Ramesh R, Robinson WR, Fermin CD, Freeman SM. Tumor-host interaction: analysis of cytokines, growth factors, and tumor-infiltrating lymphocytes in ovarian carcinomas. *Hum Pathol* 1997 Mar;28(3):321-31.
16. Nash MA, Lenzi R, Edwards CL, Kavanagh JJ, Kudelka AP, Verschraegen CF, Platsoucas CD, Freedman RS. Differential expression of cytokine transcripts in human epithelial ovarian carcinoma by solid tumour specimens, peritoneal exudate cells containing tumour, tumour-infiltrating lymphocyte (TIL)-derived T cell lines and established tumour cell lines. *Clin Exp Immunol* 1998 May;112(2):172-80.
17. Zhou J, Ye F, Chen H, Lv W, Gan N. The expression of interleukin-10 in patients with primary ovarian epithelial carcinoma and in ovarian carcinoma cell lines. *J Int Med Res* 2007 May-Jun;35(3):290-300.
18. Tavares Murta BM, Cunha Fde Q, Miranda R, Adad SJ, Murta EF. Differential tumor microenvironment in human ovarian cystic tumors. *Tumori* 2004 Sep-Oct;90(5):491-7.
19. Alsina-Sanchís E, Figueras A, Lahiguera A, Gil-Martín M, Pardo B, Piulats JM, Martí L, Ponce J, Matias-Guiu X, Vidal A, Villanueva A, Viñals F. TGFβ Controls Ovarian Cancer Cell Proliferation. *Int J Mol Sci* 2017 Jul 30;18(8): pii: E1658
20. Tian M, Neil JR, Schiemann WP. Transforming growth factor-β and the hallmarks of cancer. *Cell Signal* 2011 Jun;23(6):951-62.
21. Helleman J, Jansen MP, Burger C, van der Burg ME, Berns EM. Integrated genomics of chemotherapy resistant ovarian cancer: a role for extracellular matrix, TGFbeta and regulating microRNAs. *Int J Biochem Cell Biol* 2010 Jan;42(1):25-30.
22. Massagué J. TGFbeta in Cancer. *Cell* 2008 Jul 25;134(2):215-30.
23. Tas F, Karabulut S, Serilmez M, Ciftci R, Duranyildiz D. Clinical significance of serum transforming growth factor-beta 1 (TGF-β1) levels in patients with epithelial ovarian cancer. *Tumour Biol* 2014 Apr;35(4):3611-6.