

**Svetlana BALASHOVA**

Vladimir State University Alexander G. and Nicholas G. Stoletovs, Russia

## **Personal traits of first-year students of technical specialties**

Questions of personal development of a student and formation of his readiness for future professional activity are key points in the theory and practice of improvement of work of a modern higher educational institution. It is caused by that, that during a stage of primary “development” of a profession which just falls on studying time in a higher education institution, process of self-determination of a young man in life is carried out, his vital and world outlook positions are formed, individual ways and methods of activity, behavior and communication are accustomed.

For the purpose of determination of personal features of the first-year students of automobile faculty of the Vladimir state university diagnostics was carried out. Total number of sample was 102 persons. In the statistical and structural analysis of data the following results were received: Reflexivity of the first-year students is at the lowest level. The self-reflection prevails. Level of the general internality by the majority of students is at the level of the lower bound of norm or in the average range. The internality is considered as readiness of the person to take responsibility for the events occurring in his life. High level of internality is noted in the field of achievements and interpersonal relations, it testifies that students consider themselves to control the informal relations with other people and can cause respect and sympathy to themselves. The average level of internality is revealed in fields of family relations and health and illness.

On bottom to border of norm and norm there is an internality level in the field of production relations and field of failures. Students are inclined to attribute responsibility for such events to other people or to consider them as result of bad luck.

The general level of self-control of behavior corresponds to average values.

All scales are in the norm limits, however prevailing style for the majority of students of academic groups is flexibility. Students show plasticity of all regulatory processes. Flexibility of regulatory mechanisms allows to react adequately to fast change of events and to solve successfully a problem in a risk situation. Along with flexibility, the style of self-control “estimation of results” is also typical, that characterizes individual development and adequacy of an assessment to examinees of themselves, results of the activity and behavior.

Among students self-control types planning and modeling prevail. Level of subjective wellbeing of the first-year students is according standard.

By results of the research of first-year students adaptation and psychological training could be suggested, it will allow them to realize new quality of a social position; to capture ways and receptions of organization of educational and extracurricular activities, to realize necessary professional and personal qualities, to correct their own plans for the training period in a higher education institution.

### **Literature**

Bozhovich L.I. (1995), *Problems of the personality formation*, M.: Institute of practical psychology.

### **Abstract**

The characteristic of the main personal qualities of the first-year student is given. The concept of an internality is defined and considered. Recommendations about carrying out correctional work are offered.

**Key words:** personal qualities; reflexivity; self-reflection; internality.